



THE SUGAR RUSH
5K Run and Walk
Linden Pointe, Hermitage, PA 16148

WHEN & WHERE:

Saturday, April 22, 2017

Whole Life Services, 3199 Innovation Way, Hermitage, PA 16148

STARTING TIME:
8:15- Registration
begins
The Race begins
at 9:00AM

ENTRY FEES:

\$20 Register before April 1, 2017 (shirt size guaranteed)

\$25 Register after April 1, 2017 (shirt sizes may be limited)

\$25 Register on Race Day (shirts may be available for sale)

MAIL TO:

Whole Life Services
The Sugar Rush 5k
3199 Innovation Way
Hermitage, PA 16148

AWARDS: No duplication of awards
First 3 males and first 3 females overall
First 3 males and first 3 females in each age group:
19 & under, 20-39, 40-59, 60 & over

ONLINE REGISTRATION FORM: www.smileymiles.com/www.wholelifepa.org

INFORMATION: Call Brenda Jewell at 724-347-5595

NAME: _____
ADDRESS: _____
City: _____ State: _____ Zip: _____
PHONE #: _____ EMAIL: _____
AGE: _____ MALE: _____ FEMALE: _____
Circle One: Runner Walker
Shirt Size (circle one)
YS YL S M L XL 2XL 3XL

I do not plan to run or walk in the race, but enclosed

Is my deductible donation of: \$ _____

Entry Fee Amount Enclosed: \$ _____

Make Checks Payable to: Whole Life Services, Inc.

**WAIVER TO BE SIGNED BY ATHLETE
(OR PARENT/GUARDIAN IF RUNNER IS
UNDER 18)**
In consideration of the acceptance of this entry, I agree to hold harmless and waiver for myself, my heirs, and assigns, all claims or damages in which I might have against the race, Whole Life Services, and/or its affiliates, its sponsors, or any other organization, business, or individuals as a result of any and all risks associated with running this event, including, but not limited to, falls, contact with other participants, the effect of the weather, traffic, and the conditions of the race course, all such risks being known and appreciated by me. I certify that I am a voluntary participant in this even and in good physical health.

Signature _____
Date _____